

နန့်တၢ်အဘျးလၢ SNAP နန့်မ့ၢ်အလီၤမၢ်ဉါ ?

Did you lose your SNAP benefits?

နဒီးန့ၢ်ဘၣ်တၢ်အိၣ်တၢ်အီၤလၢအကလီၢ်ဖဲအံၤသ့လီၤ

You can get free food here



Heartland Hope
MISSION

2021 U St. Omaha, NE 68107

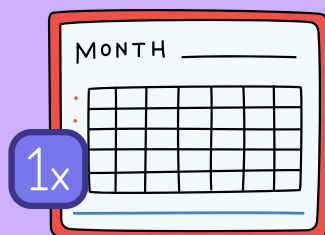


တၢ်ပၢ်ဖျါထီၣ်ပုၤတၢ်မ့ၢ်မတၤID
ID?



ယလဲၤသ့အခါဖဲလဲၣ်

When can I go?



တလိတဘျီ

One time per month

မ့ၢ်နံၤ
အဆၢအကတီၢ်
မနုၤလဲၣ်

What days/time?

မ့ၢ်ခဲနံၤ - ဟါခီ ၆:၃၀ နံၤရံၣ် တုၤ ဟါခီ ၇:၃၀ နံၤရံၣ်
မ့ၢ်လွံၢ်နံၤ - ဟါခီ ၁:၃၀ နံၤရံၣ် တုၤ ဟါခီ ၄ နံၤရံၣ်
မ့ၢ်ယုၤနံၤ - ဝါခီ ၉:၃၀ နံၤရံၣ် တုၤ ၁၂ နံၤရံၣ်

- Tuesday 6:30pm-7:30pm
- Thursday 1:30pm-4pm
- Saturday 9:30am-12pm

KAREN